

# Prayer Guide

**5 mins: Listen.** Take the first couple of minutes to quiet your heart. Don't come rushed into your time. Simply sit and listen.

**5 mins: Confess.** Take time and confess your sins before the Father. It is important to start prayer off with a clear heart (If you're with another person, don't worry about praying this part out loud).

**5 mins: Thank God** for the great things that He has done (today, this week, this month, this year, in your life, in your family life, in your friends life, in your small group, at Union).

**5 mins: Pray for friends** who don't know Jesus (think of friends/family who do not have a connection to a church).

**5 mins: Pray for leaders** in the church (people who run ministries, people on the board, people leading small groups). Ask for God's blessing, provision and knowledge to be with them.

**5 mins: Pray for staff** in the church (pray for guidance, pray for their family members, and pray for their specific ministry).

**5 mins: Pray for growth.** Ask God to open doors here at Union for the lost and the broken and that the people here would feel a burden for the community.

**5 mins: Pray for the community** (the hospital, the teachers, the fire department, the police, etc.)

**5 mins: Listen.** Take time and reflect on all the things that you have just prayer for.

**5 mins: Pray** for the things that came into your mind while listening to God.

**5 mins: Praise God.** Think of all the attributes of God and give him praise (love, kindness, joy, peace, patience, holiness).

**5 mins: Ask for God's will to be done.** When we pray, it is easy to get into the pattern of asking for things to be done as we see fit. God has the best plan, so go back through the guide and ask God for his will to be done above all else in our friends and families lives, in the leaders and staff in the church, in our growth, and in our community.